



UHCA | UCAL
SPRING LEADERSHIP CONFERENCE

**BALANCED
LEADERSHIP**

NURTURING YOUR MIND, BODY, AND TEAM
MAY 13-14, 2025 | UTAH TECH UNIVERSITY

UHCA | **UCAL**
UTAH HEALTH CARE
ASSOCIATION | UTAH CENTER FOR
ASSISTED LIVING

BALANCED LEADERSHIP

NURTURING YOUR MIND, BODY, AND TEAM

"Balanced Leadership" emphasizes the integration of work-life balance, wellness, and mental resilience to support effective leadership in long-term care. By prioritizing personal well-being, leaders can make better decisions, manage teams effectively, and create a positive work environment—benefiting staff, residents, and overall success.

SCHEDULE AT A GLANCE

Tuesday May 13

7:00–8:00am

Check In & Registration
Light Breakfast Served

8:00–9:00am (1.2)

Opening Session
Gardner Center

9:00–10:30am (1.8)

Opening Keynote Session
Gardner Center

10:30–11:00

Vendor Exhibit Break

11:15– 12:15pm (1.2)

SNF/ALF Session–Gardner Center
ICF/IID Session–Conference Room D
ABM Meeting– Upstairs Board Room

12:15–1:30pm

Executive Showcase
Lunch Served

1:30–3:00pm (1.8)

SNF Session–Gardner Center
ALF Session –Conference Room D
ICF/IID Session– Upstairs Board Room

3:00–4:00pm (1.2)

Combined Session
Gardner Center

Optional Session

4:15–5:15pm (1.2)

QI Training

(8.4 CPEs offered for Tuesday)

Wednesday May 14

7:30–8:30am

Check In
Cinnamon Rolls Served

8:30–10:00am (1.8)

Closing Keynote

10:15–11:15 am (1.2)

UHCA Membership Meeting

11:15– 12:15pm (1.2)

Medicaid & Quality
Incentive Updates

(4.2 CPEs available for Wednesday)

**(12.6 CPEs available for entire
conference)**

TUESDAY, MAY 13

7:00–8:00am

Check In & Registration

Light Breakfast Served

8:00–9:00am (1.2)

Taking the Fear Out of Behavioral

Combined Session–Gardner Center

The long-term care environment is drastically changing. Funding challenges, staffing efficiencies, and the regulatory demands of the evolving resident demographics all point to the need for robust behavioral programs in long term care settings to appropriately care for the population now being served. The industry must acknowledge and respond to the changing environment by advocating for the development of state behavioral programs and behavioral reimbursement models that improve quality of care, outcomes, and bottom lines...and take the fear out of behavioral.

Dr. Kristina Kovacs, PhD, Behavioral Health Solutions

9:00–10:30am (1.8)

Stretch Capacity – Managed Growth to Reach Your Full Potential

Combined Session– Gardner Center

Resilience is a critical factor in organizational success, with the majority of working Americans recognizing its role in improving productivity, innovation, and teamwork. This researched-backed keynote is designed specifically for leaders and managers in long-term care, equipping them with strategies to maintain a resilient and engaged workforce in a challenging industry. Participants will gain insights into fostering optimal employee engagement and preventing burnout through the "Stretch Capacity" framework.

Michelle McCullough, CEO, DreamBoard Media



10:30–11:00

Vendor Exhibit Break

Take advantage of this short break to visit our exhibitor booths! Our associate business members are here to share valuable resources, services, and solutions that support our communities. Stop by, make connections, and discover how they can help enhance the care you provide.

11:15– 12:15pm (1.2)

Pharmacy Updates

SNF/ALF Session–Gardner Center

Join this session to learn the updates about pharmacy regulatory changes.

Alexa Carter, PharmD, Consultant Pharmacist, Omnicare

ICF/IID Survey Updates

ICF/IID Session–Conference Room D

Join this session to hear the new Survey Updates and trends from DHHS and to discuss new business issues within the ICF/IID Facilities.

Jessica Fiedel, MBA/HCM, BSN, RN, DHHS

Associate Business Member Meeting

Associate Business Members Session–Upstairs Board Room

Associate business members- join us for the Associate Business Member Meeting, where we'll discuss the latest UHCA updates, upcoming initiatives, and opportunities for involvement. This is a great chance to connect, ask questions, and stay informed on how we can work together to support Utah's long-term care community.

Allison Spangler, President & CEO, Utah Health Care Association

Cory Robison, Board Chair, Stonehenge

TUESDAY, MAY 13

12:15-1:30pm

Executive Showcase

Lunch Served

Grab lunch and check out the Associate Business Member Booths. This is the perfect time to visit with our associate business members, explore new products and services, and build valuable connections. Make the most of your break by engaging with industry experts who are here to support you and your community.

1:30-3:00pm (1.8)

SNF Survey Updates

SNF Session-Gardner Center

Join us to hear updates and important information from DHHS for SNFs.

Heather Flint, RDN, CD, LCSW, Licensing Manager, DHHS

Inspection Updates

ALF Session-Conference Room D

1:30-2:15: ALF Inspection Updates

Join this session to learn about Inspection Updates for Assisted Living Facilities.

Kristi Grimes, Assisted Living Survey Manager, DHHS

2:15-3:00: Chronic Care Management - Keeping Residents Happy and Home in the ALF

This session will provide an overview of Medicare's Chronic Care Management (CCM) program, including eligibility criteria, reimbursement structure, and related Medicare incentives. Discover how CCM supports Assisted Living Facilities by helping residents stay healthier, reducing hospitalizations, and delaying the need for higher levels of care.

Keith Taufer, MS, LNHA, Integracare Medical Services

Quality Incentive Training

ICF Session-Upstairs Board Room

In this session, ICF/IIDs will gain a clear understanding of the Quality Incentive (QI) program, its requirements, and how to successfully participate. Learn strategies to maximize benefits, improve care outcomes, and enhance facility performance through this valuable program.

Trent Brown, MOT, OTR/L, ATP, BCG, Assistant Office Director, DHHS

3:00-4:00pm (1.2)

Thriving without More Striving

Combined Session- Gardner Center

Leaders today face burnout and disengaged teams. This session introduces an attention-based approach to boost engagement, productivity, and profitability—without adding to your workload. Through stories, humor, and actionable strategies, you'll learn how to build emotional connections, team unity, and a culture of purpose, shifting from burnout to energy and inspiration.

Bruce Berlin, LNHA, Certified Dementia Practitioner, Prioriteams

4:15-5:15pm (1.2)* Optional Session*

Quality Incentive Training for SNFs

SNF Session-Gardner Center

Join this session to learn about the Quality Incentive (QI) program, meet requirements, improve care quality, and maximize incentives. Gain practical insights to enhance outcomes and boost your facility's success.

Trent Brown, MOT, OTR/L, ATP, BCG, Assistant Office Director, DHHS

W E D N E S D A Y , M A Y 1 4

7:30-8:30am

Check In & Registration

Light Breakfast Served

8:30-10:00am (1.8)



Adversity as Opportunity: Turning Setbacks Into Success

Combined Session- Gardner Center

Thriving Amidst Adversity: Adversity is inevitable, but how we respond to it defines our success. This session explores the transformative power of challenges, offering practical strategies to not only overcome obstacles but also use them as steppingstones for growth.

Join us to gain valuable insights and tools to turn adversity into advantage, inspiring growth within yourself and those you lead.

Mark Hyder, CEO, Snow Canyon Strategies

10:15-11:15am (1.2)

UHCA Membership Meeting

Combined Session- Gardner Center

Come represent your facility and hear important updates about the Utah Health Care Association.

Allison Spangler, President & CEO, Utah Health Care Association

Cory Robison, Board Chair, Stonehenge Care

Tracy Jenkins, Board Secretary, Ensign Services

11:15-12:15pm (1.2)

Medicaid & Quality Incentives Updates

Combined Session- Gardner Center

Join this session to hear updates about the Medicaid program and the Quality Incentive Program.

Trent Brown, Nursing Facility Quality Improvement Program Manager

John Curlless, Utah Department of Health and Human Services